

## Instructions for making Apron, Napkins, Pillowcase and Change of Clothes Bag

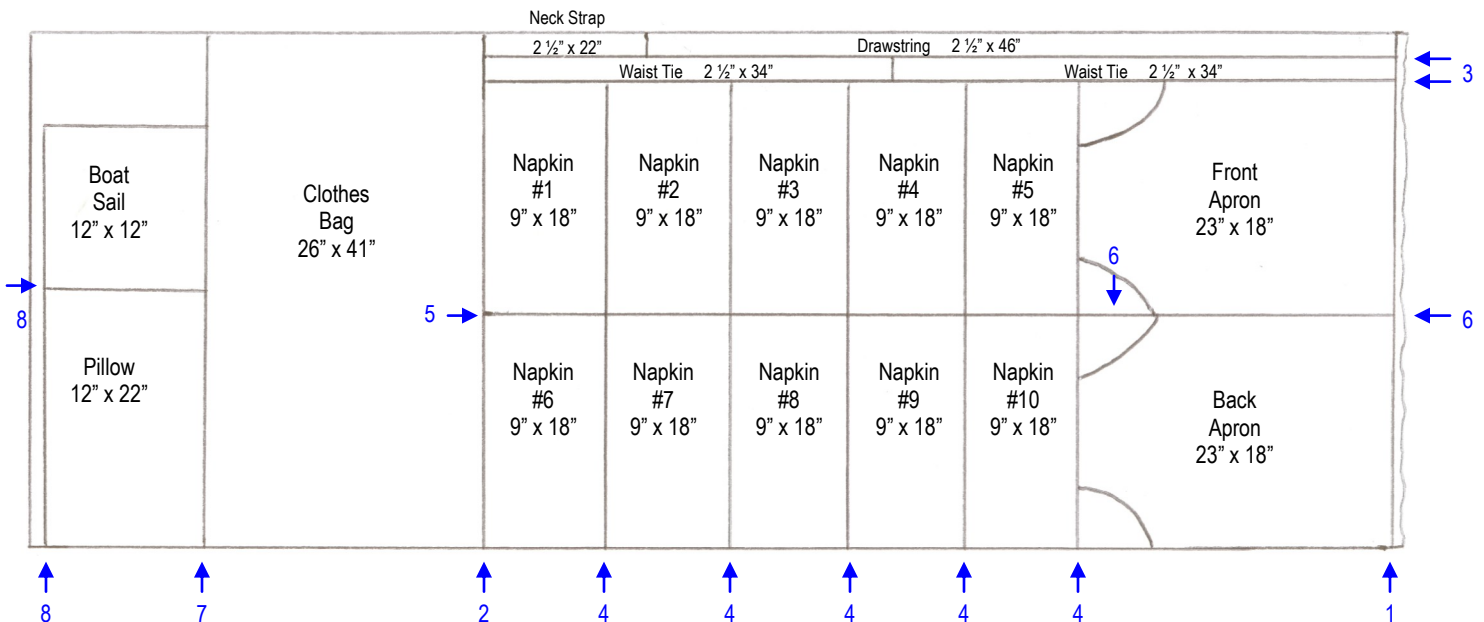
Purchase **3 yards of 100% cotton fabric with a small, subtle print. Pre-wash fabric** in hot water and dry in the dryer to pre-shrink. Iron flat. If you do not wish to make your own ties and drawstring, you may purchase 4 yards of cotton twill to use instead.

**Ripping instructions:** Ripping the fabric is quicker and often times straighter than cutting with scissors.

1. Begin by squaring up the fabric and creating a straight edge. Near the very edge of the fabric on one side, make a small snip through the selvage (finished edge). Rip the fabric from the snip, along the width to the other side (from selvage to selvage).
2. From that edge, measure out 68", make a snip and rip. You should roughly have 68" x 41" piece of fabric. (Fabric widths vary. Depending on how wide your fabric was, it could be larger/smaller than 41". For this pattern we will state 41", but yours could differ.)
3. Rip two 2 1/2" strips off the selvage for apron ties and drawstring. If your fabric is less than 41" wide, you may need to omit one of the 2 1/2" strips to allow for the remaining piece to be 36" for the apron and napkins. You can make ties from the scraps or cotton twill.
4. Rip five 9" x 36" pieces.
5. Cut or rip the five 9" x 36" pieces in half to make ten 9" x 18" pieces for the napkins.
6. Rip the remaining 23" x 36" piece in half to make two 23" x 18" pieces for the apron.
7. From the remaining fabric, rip a 26" x 41" piece for the clothes bag. If your fabric is not 41" wide, that is okay. Just make it as wide as it is so that your piece is 26" x 2" - **do not remove the selvage edges**.
8. Rip a 12" x 41" piece. From that, rip a 12" x 22" for the pillow and a 12" x 12" piece for the boat sail.

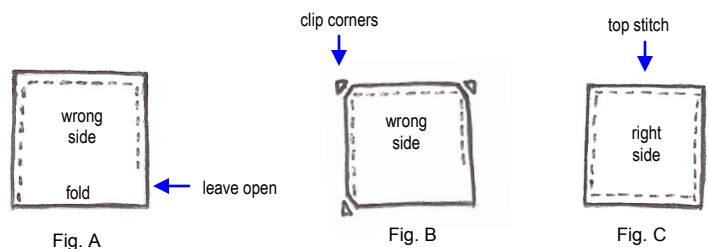
**All sewing seams are 5/8", top stitching is 1/4", unless noted. Clip corners as needed to reduce bulk.**

\* **Note:** Children who already have some of these items, only need to have the missing items made.



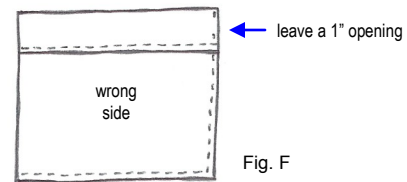
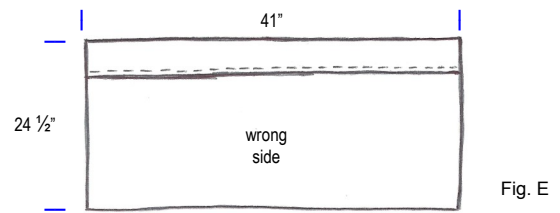
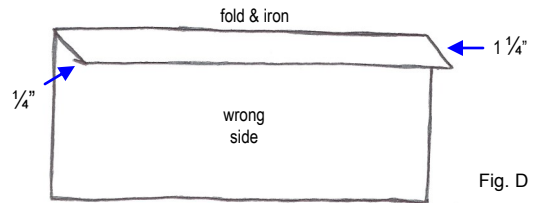
### Napkins ~

1. Using the 9" x 18" pieces, fold in half with the right sides together. Sew up the three sides leaving a 3" opening on one side to turn right side out from. Fig. A
2. Clip corners being careful not to cut stitching. This removes bulk and allows for smooth corners when turning. Fig. B
3. Turn right side out. Fold and tuck in opening to line up with rest of napkin and iron flat.
4. Top stitch around the entire napkin. Fig. C



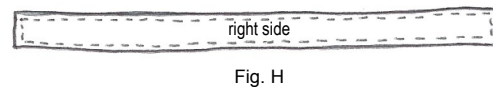
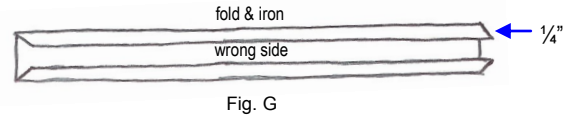
## Clothes Bag ~

- Using the 26" x 41" piece of fabric, place wrong side up and fold down 1/4" from the 41" side and iron. Fig. D
- Fold over again 1 1/4" and iron. Fig. D
- Sew about 1 1/8" down from the top to make casing. Fig. E
- Fold the 41" side in half with right sides together.
- Sew bottom and side seam up to 1 1/2" from the top. Leave a 1" opening and begin stitching the last 1/2" closed. This will create a 1" opening for the drawstring. Fig. F
- Turn bag right side out and iron.



### Making the drawstring (or use cotton twill)

- From the 2 1/2" strips, cut a 46" piece.
- Place fabric wrong side up and fold both 46" sides down 1/4" and iron. Fig. G
- Fold in half and iron. Your piece will be approx. 1" wide now.
- Top stitch an approximate 1/8" seam along edge, top stitch 2 times for strength. Fig. H
- Feed the drawstring through the casing of the clothes bag with a safety pin.
- Tie the two ends together in a knot.



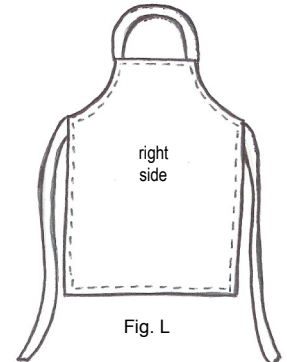
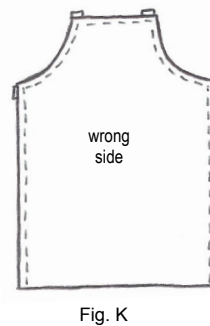
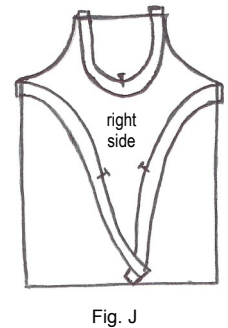
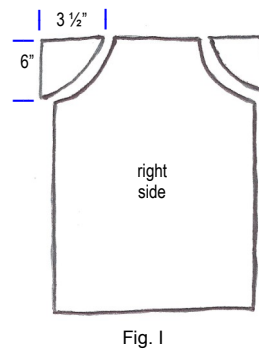
## Apron Ties ~

### Making Neck and Waist Ties (or use cotton twill)

- Use the remaining 2 1/2" strip from the drawstring for the neck strap. (2 1/2" x 22")
- Cut the other 2 1/2" strip in half (two 2 1/2" x 34") for the waist ties.
- Iron and sew these strips as you did for the drawstring.

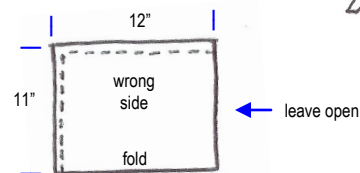
## Apron ~

- Using the two 23" x 18" pieces. Place them right sides together and cut out one set of armholes. (Approximately 3 1/2" wide and 6" long.) Fig. I
- Use the pieces you've cut out as a pattern and cut the other side.
- Adjust neck strap as needed by fitting and pinning on right side of one apron piece.
- Lay piece right side up and place waist ties on and pin momentarily in place at edge. Place one pin in each waist tie and neck strap toward middle of apron to hold during sewing so that they do not get caught up in the seam. Fig. J
- Place the other apron piece on top with the right side down as shown. Pin in place. When you get to the edge where the pins are momentarily holding the neck strap and waist ties, remove and re-pin (leaving the center pins in place). Sew seams, sewing several times over neck strap and waist ties for security. Leave the bottom edge open. Fig. K
- Remove the 3 remaining pins. Turn right side out, fold bottom edge in 1/2" and iron.
- Top stitch around all edges. Fig. L



## Pillow ~

- Using the 12" x 22" piece of fabric, fold right side together to make a 12" x 11" piece.
- Sew two sides, leaving the third side un-sewn. This will be hand sewn by the children. Fig. M
- Turn right side out and iron.



## Boat Sail ~

Send the 12" x 12" piece of fabric to school for boats that we will make at the end of the school year.

## Left over fabric ~

Send remnants for small sewing projects to school, if desired.